

CHALLENGE ACADEMY - CONSENT TO BE READ BY ANYONE OVER THE AGE OF 16

I agree that I will carry out the activity in accordance with the specific safety instruction that I receive. I understand that this safety information is written on the red card that has been provided and that the information is also displayed prominently at the course. I will ask a member of staff if there is anything that I am unsure of. I understand that the activity requires a moderate level of fitness and is physically testing. I accept that there is a risk of injury when undertaking such activities.

I acknowledge that I am responsible for my own safety (and the safety of my possessions) when carrying out the activity. I understand that some of the activities will be undertaken without direct supervision following the safety instruction. I agree to wear any safety equipment provided by Challenge Academy in accordance with the safety instructions provided, at all times. I confirm that I am not under the influence of alcohol or drugs.

In the unlikely event of an accident, or loss or damage to my personal effects, I acknowledge that Challenge Academy will not be liable for any direct or indirect loss, damage or injury arising from or in connection with the activity, except in instances of personal injury directly caused by the Company's negligence, and I waive all claims against the Company in this respect. I confirm that I do not know of any medical condition that I suffer from which might have an adverse affect on my ability and safety. I confirm that I will request a form to list any specific needs or medical conditions that I feel are relevant. I will hand this to a member of staff prior to participation

I accept that should I not be compliant with the rules of the Centre and the height + weight restrictions, then I will be unable to take part. In this instance I accept that the Company shall be under no obligation to provide a refund. I accept that after the safety brief and kit-up there will be no entitlement to any refund.

Participating in adventurous activities will always have associated risks of personal injury. We make every effort to minimise this risk - our systems are extremely safe, regularly checked and our instructors are trained to a high standard. However, participants in these activities should be aware of the risks and be responsible for their own actions.